



luglio 2024



# Preghiamo

NEWS SOURCE FOR THE ITALIAN APOSTOLATE OF THE ARCHDIOCESE OF NEWARK

## THE ITALIAN APOSTOLATE GREETED BY HIS EMINENCE CARDINAL TOBIN!

On June 2, 2024, members of the Italian Apostolate, representing at least ten historically Italian parishes, had the great privilege of spending some time in conversation with His Eminence, Joseph William Cardinal Tobin, C.Ss.R., D.D., Archbishop of Newark. Cardinal Tobin greeted us warmly, and offered some encouraging words, in Italian, in support of our work. He concluded by saying, "We thank the Lord for this testimony of faith but also of the beauty of the Italian language and culture!"

Grazie, Eminenza! The prayers of the Apostolato Italiano are with you!



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## Rev. Ernesto D'Aquila and the Establishment of Italian Parishes in the Archdiocese of Newark

### Editor's Note

*Over the past century and a half, many beautiful churches and close-knit parish communities were established by and for Italian immigrants in the Archdiocese of Newark. They are a testament to the devotion and perseverance of the founders and their descendants, including clergy, religious, and lay persons. The Very Rev. Cav. Thomas D. Nicastro, V.F., Pastor of St. Mary's Church in Nutley, delivered the following homily reflecting on one such founder, the Rev. Ernesto D'Aquila, and one such parish, Our Lady of Mt. Carmel in Orange, which recently celebrated its 125th anniversary.*

*The Right Reverend Monsignor Ernesto D'Aquila (1869-1933), depicted here in a plaque installed at Our Lady of Mt. Carmel Church in Newark, was a tireless priest and advocate for the Italian immigrant community in northern New Jersey.*

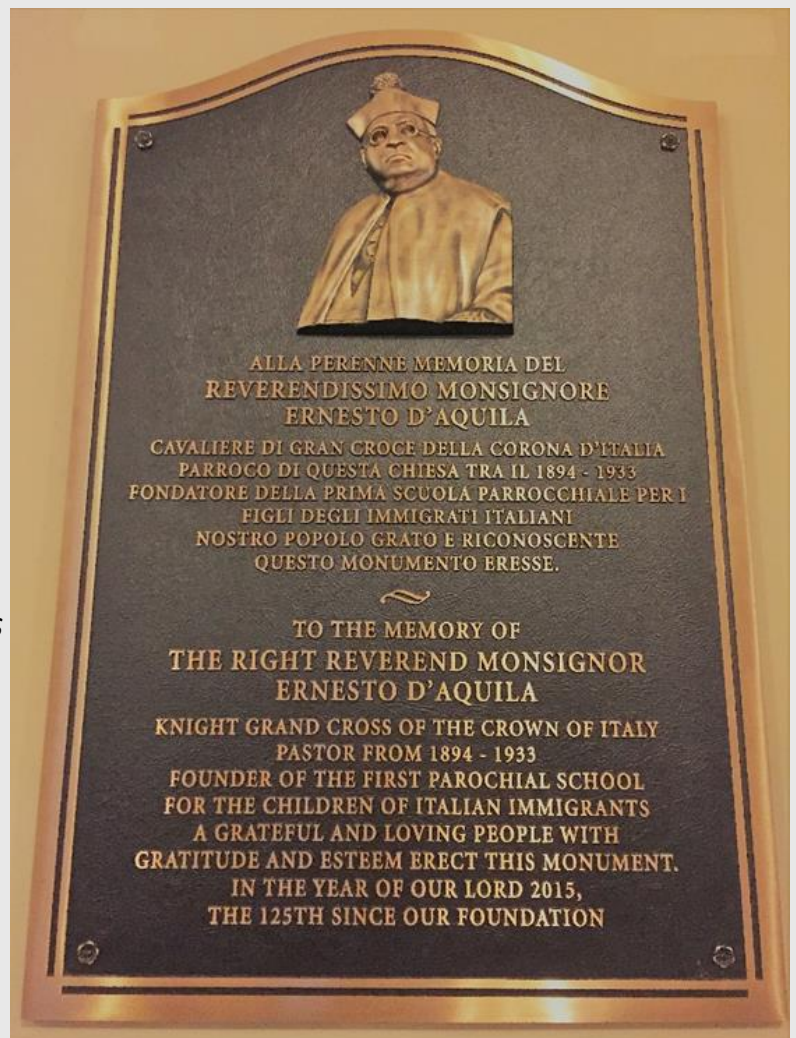
*Born in Vinchiatturo (Campobasso), Rev. D'Aquila came to the United States in 1893. He was the beloved pastor of Our Lady of Mt. Carmel in the Ironbound section of Newark for four decades until his death on May 8, 1933. He helped to establish and support many Italian parishes, including Our Lady of Mt. Carmel in Orange, Holy Rosary in Jersey City, and St. Anthony in Paterson.*

*He was a contemporary of St. Frances Xavier "Mother" Cabrini and together they opened the first parochial school for Italian immigrants in the Archdiocese of Newark in 1899.*

*An orphanage which he founded in his hometown of Vinchiatturo is now a school named in his honor.*

*The experience of establishing a church was shared by many of the millions of Italians who settled and prospered in the United States strengthened by their Catholic faith.*

*Rev. Nicastro's homily, excerpted here, will speak to the hearts of all their descendants.*



***The Idea of Erecting a Church Came from His Restlessness to Build a  
“Dwelling Worthy for the Mighty One of Jacob”***

Very Rev. Cav. Thomas D. Nicastro, V.F.

*Homily Delivered on Sunday, November 7, 2021*

*125th Anniversary Jubilee - Founders Day*

*Our Lady of Mt. Carmel Church, Orange, NJ*

*I will give my eyes no sleep, my eyelids no rest, till I find a home for the Lord, a dwelling for the mighty one of Jacob. - Psalm 132: 4-5*

I am certain as to why, back in 1894, a holy, dedicated, energetic priest who arrived in America from Italy was appointed rector of Our Lady of Mt. Carmel Church in Newark, by Bishop W. Wigger. He, the Reverend Ernesto D'Aquila, was chosen to meet the pastoral needs of the Italian-speaking immigrants. Sources tell us that large numbers of Italian immigrants settled in the United States and began to take up a new way of life just before the turn of the 19th into the 20th century. In the beginning they lacked religious guidance and spiritual sustenance, principally because of the language barrier.

Just a year later, Rev. D'Aquila was contemplating what would need to be done to assist another ever-growing Italian immigrant enclave in nearby Orange, NJ. He may have had the quote from Psalm 132 in mind and he soon succeeded in establishing a church. It was built in 1896, dedicated in 1897 to St. Michael the Archangel, and eventually grew into this parish of Our Lady of Mt. Carmel, which is celebrating its 125th anniversary this year.



The former chapel of St. Michael the Archangel (1896).  
The building is still standing today on Matthew Street in Orange.

In February 1898, Rev. D'Aquila wrote a letter to his former parishioners of the Church of St. Michael the Archangel in Orange. As his mind drifted back to the time when he contemplated what he would do to assist them in their pastoral and spiritual needs, the words of the psalmist must have been prevalent in his mind. He was restless until he could provide them with a temple worthy of the Triune God. His words were powerful and struck me with great emotion, as I read

his thoughts about the conceiving of an idea to build a church for them. He said, “from the moment at the very beginning of 1895, when the promising, although daunting idea, of erecting a church in Orange came to me, I have done everything possible to succeed in this undertaking”. All of us today owe a debt of gratitude to this one man, this holy, dedicated, priest of God, that today November 7th, 2021, in the Church of Our Lady of Mt. Carmel in Orange, we are celebrating the 125th anniversary, the Jubilee, of this great parish.

This idea, to erect a church, was conceived in the mind of Rev. D'Aquila, a great immigrant, an Italian-born priest, who by the time of his death, had achieved the rank of Monsignor. I'm certain that many times over, he read and contemplated the words of Psalm 132, pertaining to being restless until a worthy dwelling place was built for the Mighty One of Jacob. Today, on this Founders Day, we give thanks for him and to him and many others who contributed to making this celebration a reality. The birth of a place or church which celebrates a significant anniversary is a time not only to celebrate but to look back on what has been and perhaps to look ahead to what will be. Thus the 125th anniversary of a church is an especially festive time. It has been said, that the past is our future; and that history repeats itself, so it is with Our Lady of Mt. Carmel. Let us then step back in time for a moment and examine just how and why Our Lady of Mt. Carmel in Orange evolved. Join me now as we walk through time in the pages of our mind and relive the early years, the glory years of Our Lady of Mt. Carmel Church in Orange, NJ. As we journey back and reflect, please keep the following thoughts in mind.

If one stops and reflects, the story and the history of any parish church can never be totally and substantially inscribed in one homily, at one mass, and in so many minutes. The heart of a parish's life pertains, most importantly, to the salvation of souls and the building up of the Body of Christ. This includes the power of prayer, the sacrifice of the mass and the celebration of the sacraments. Therefore, the words inscribed in this homily and spoken here today, claim solely to a "passing" and superficial rendering of the past 125 years of Our Lady of Mt. Carmel Church in Orange, NJ.

All that has transpired during these years is lodged not only in the hearts and minds of all who came before us but also lodged forever in the "eternal mind of God". The real historical account of its people and shepherds is inscribed in the eternal book of life that has been touched only by the hands of Almighty God. Within this simple account and rendering given verbally this day, we will reflect and look back and try to immerse ourselves in the simple humble beginnings of this parish and church, which we call *La Madonna Di Monte Carmelo*.

We commence now with our journey to the past and relive if only for a brief shining moment, the glory years of Our Lady of Mt. Carmel. We begin with "Spirit and Memory", "Past and Present" as it pertains to the 125th anniversary celebration of this church.

A number of years ago, Professor Rudolph Vecoli of the University of Minnesota gave a lecture on "Spirit and Memory" and how they play a key role in the survival of an ethnic community. What is Spirit? What is Memory? Past and Present.

In the same vein, Michael Immerso, author of *Newark's Little Italy: The Vanished First Ward*, wrote that "Spirit and Memory" of the past can "provide this faith community with a space to which they can return, where the past and the present coexist against a backdrop of a living tradition". This venerable church is the focus! "Spirit and Memory" help a parish draw on its past to construct a way to the future.



The dictionary defines memory as “an image, impression, or mental trace of someone or something known or experienced, content of something remembered”. Spirit is defined as the “essential character of something, the breath of life, the animating or vital principle giving life to something, a disposition of mind. The essential principal emotion or state of mind influencing a person characterizing an individual or group. It is the images and memories we have of our parents, grandparents and great grandparents remembering how they celebrated this parish’s customs and traditions. It keeps alive the memory of our ancestors; if any ethnic group is to survive, they must keep alive this parish’s spirit and memory from the past as a way to move forward. A deceased loved one’s memory is felt keenly in this church. What I have been trying to say is that when that which is holy touches a place, the aura often remains long afterwards. The places connected with the sacred have become places of respect, reverence and pilgrimage. Chaucer’s *The Canterbury Tales* evolved from a pilgrimage to Thomas Becket’s grave site. Today places where saints ministered are often turned into places of devotion.

I’m sure some have said that when they enter this church and walk down this aisle, they can still feel the aura that lingers here. They can readily feel, intensely, the presence of the holy men, women, priests and religious sisters who have sacrificed their lives because of their great love for Our Lady of Mt. Carmel with all its customs and traditions. Each of you has an awesome responsibility to connect with the past, with “Spirit and Memory”, so you can teach your children and grandchildren the rich history of this parish and feast. If this Church is going to survive then its members must have knowledge and reverence for the past so they can build on the great legacy that has been handed on.

Let us now take a look back, as to how all this got started after Fr. D’Aquila conceived the idea of building a church to meet the needs of the Italians of Orange. It was in 1896 that he constructed the first church on Matthew Street in Orange, a mission of the Church of Mt. Carmel in Newark. It was dedicated on Christmas Day in 1897 and dedicated to the Archangel, St. Michael. Fr. D’Aquila was succeeded by Rev. Giuseppe Ascheri. Then in 1902, in the month of April, Bishop John J. O’Connor sent Rev. Vittorio Romanelli. After arriving in Orange, Fr. Romanelli saw “a growing importance in the Italian Settlement”. With the enthusiastic cooperation of his flock, he built a larger church on South Center Street and dedicated the church to the “Most Holy Virgin of Mt. Carmel”.



The first church of Our Lady of Mt. Carmel, Orange (1902).

Next, he conceived the idea of building a hospital, why? Because there was a non-English speaking immigrant who could not communicate with the hospital staff and died without receiving the "Last Rites". Fr. Romanelli was then convinced that this area needed a Catholic hospital with a staff that understood the patients and so St. Mary's Hospital came into being. Fr. Romanelli was eventually succeeded by Fr. Rongetti. During his tenure the Church of St. Michael was abandoned, then he decided to repaint it and reopen it as a mission of Mt. Carmel Church. In 1915, he was transferred and replaced by Fr. Giacomo Zuccarelli. During his time, he continued celebrating Mass at St. Michael's as well as Mt. Carmel. Then in 1916, he opened a mission Church of St. Joseph on Tremont Ave in East Orange where there was large Italian community.



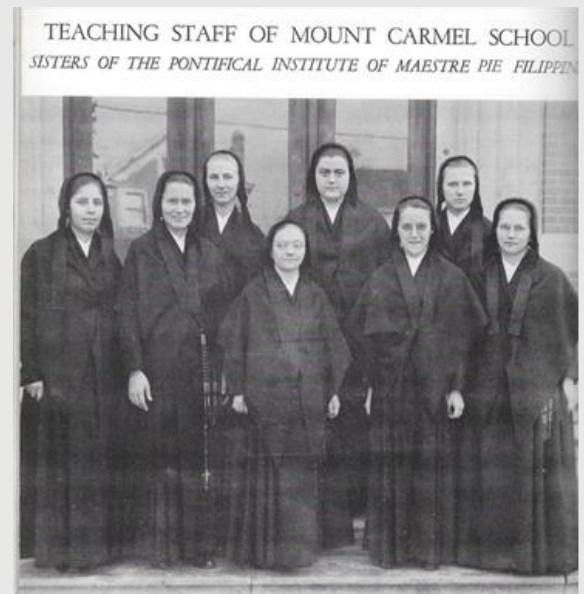
The early pastors (left to right): D'Aquila, Romanelli, Rongetti, Zuccarelli, Rasi

[CLICK HERE TO LEARN MORE ABOUT THE EARLY HISTORY OF OUR LADY OF MT. CARMEL, ORANGE](#)

Eventually, Bishop John J. O'Connor decided to consolidate things and asked the Capuchin Franciscan Friars of the Stigmata of St. Francis to take custody of Our Lady of Mt. Carmel Parish. A new era dawned on Dec 16, 1926, with the arrival of Very Rev. Accursio Rasi O.F.M. Cap., along with his associates. He had plans for a new church which was blessed and dedicated on December 8, 1933, by Bishop Walsh. Fr. Rasi was a strong leader.

He inspired his beloved parishioners with his apostolic zeal and fatherly love for his flock. In his first five years, he paid off all debts and raised money to build a new church. And in his 20 years as pastor, he accomplished so much for his beloved parishioners. For example, he built a school and called upon the *Maestre Pie Filippini* (Religious Teachers Filippini) to take the school over. The school was under the direction of these dedicated sisters from 1937 to 2002.

In the years before the arrival of the Filippini sisters, the parish was blessed to be served by various other communities of religious sisters dedicated to Christ and His Church including the Missionaries of the Sacred Heart, the order founded by Mother Cabrini, who became a canonized saint.





Mother Frances Xavier Cabrini, known as “Santina”, worked with Fr. D’Aquila at Our Lady of Mt. Carmel Church in Newark. She could have very well visited the Italian colony here at Mt. Carmel in Orange. Referring to the Italian children with which her sisters worked, she said to Msgr. D’Aquila “everything was lacking, there was no comfort of any kind, but these were Italian Sisters who spoke their language.” The children sensed they were loved by the sisters, who were happy and faithful to their poor classrooms. Soon attendance rose. Many had no desks, but it wasn’t important, the children “were at the school of the Italian Sisters and this was enough for them”, as Mother Cabrini said.

Msgr. D’Aquila received the Chevalier Crown of Italy, by order of the Italian King Victor Emmanuel. At this time of this honor, his parishioners presented him with a purse of gold, which he gave, along with an additional \$1,000, to the Maestre Pie Filippini in Morristown, NJ. He received all these honors because of what he did for the welfare of the Italian community. He was a dedicated, remarkable, holy priest who genuinely cared for his flock.



Mother Cabrini (seated in the center, holding the book) and her Missionary Sisters of the Sacred Heart of Jesus, circa 1890. Photo from [cabrinishrinenyc.org](http://cabrinishrinenyc.org)

Having mentioned these good holy men and women, and religious sisters, I want to briefly shine a light on one of the holiest lay people in this parish’s history – “Dolores” Addolorata Immacolata Gili. Everyone who knew her or heard of her knew her affectionately as “Mama” or “Mama Gili”, the *Saintly Woman of Orange* and *True Apostle of the Holy Face of Jesus*.

I am probably giving this *panegirico* (homily) today because when I was discerning whether or not I would have the time to properly prepare for it, I kept getting an inspiration from two priests who I knew, who went home to God, both spiritual sons of Mama Gili. Both Fr. Dante Di Girolamo and Msgr. James Cafone, were friends of mine. I first heard about Mama Gili when I was a teenager and a member of the Legion of Mary. A couple whom I was friends with knew her and brought me to Mama’s house on Minton Place so long ago. By that point Mama was bed ridden, but I could easily see she was a saintly woman, very devout, very spiritual.

Mama Gili had a special devotion to St. Francis to whom she prayed very often for a special intention. She prayed that the Franciscans would come to her parish. Her prayers were answered when the Capuchin Friars Minor assumed responsibility of this parish in 1926. When they arrived, she had already organized and instructed a group of lay people in the rule of the Third Order of St. Francis. She often was found spreading devotion to the Holy Face of Jesus. She had special love for priests and did whatever she could. Although her devotion took up a lot of time, she continued to be there for those in need. She often listened to them with their difficulties.



Dolores "Mama" Gili (1892-1985)

[CLICK HERE TO LEARN MORE ABOUT HER LIFE](#)

Many found their way to Mama's house especially priests. She loved her spiritual sons, Fr. Dante Di Girolamo and Msgr. James Cafone. In the final years of her life, she suffered greatly. As her daughter described, she accepted lovingly, patiently, with "humility and resignation, her suffering without resentment or bitterness". She offered everything up, all her suffering for priests, religious and laity as well. During her last illness, in May 1985, after receiving Holy Communion, she said out loud, three times, "*Gloria a Dio!*", "Glory to God!". Then in October she spoke again and told her daughter Claudia and spiritual son, Fr. Dante, that she was going to die. A few days after, on Oct 26, 1985, Mama quietly slipped away into eternal life. Her face was radiant and beautiful. Father Dante said of her, Mama not only "kept the Faith, she also spread the Faith".

After Mama's death, Fr. Dante was appointed by the archbishop to gather materials and testimony as well as record events of her life for possibly opening her Cause for Sainthood. He, along with others, organized the Society of the Holy Face/Mama Gili Guild. Upon Fr. Dante's death in 2013, the archbishop appointed Msgr. Cafone to continue this work. He assembled others to assist in her cause. Then he passed away in 2015. Prior to his death he made me promise to work on Mama's cause so that people would not forget this holy woman. Mama loved this church and her holy presence left an aura of holiness that still lingers here. These walls are hallowed, this is the place where holy people followed the saints and may very well become saints themselves!

As I reflect on all these holy men and women who made Our Lady of Mt. Carmel the parish it is today, I recall the words of Clement of Rome, a first-century bishop there, who once said, "Follow the saints because those who follow them will become saints." The saints will show us the way, point us in the right direction on the narrow road to Heaven, to eternal life. We too can become saints with patience and God's grace. As you walk in procession with Our Lady of Mt. Carmel and walk around this church, "Follow the saints, because those who follow them will become saints." Stay close to the Lord and, who knows, maybe someday others will be celebrating your feast day! Remember the whole world is waiting for St. You!



Having focused on the early founders, the priests, religious sisters, and holy lay people, I want zero in on the Italian immigrant experience at the time when our pioneer priests were founding this great parish. I would like to give you a glimpse of the immigrant experience and the great treasure they gave us, which was their lasting legacy.

According to historian, Rudolph Vecoli, the life of the Italian *contadini*, the farmers, “was hard, mean and cruel”. Women frequented church for Holy Mass, novenas and special devotions. The men rarely came to church except for the feast day of their patron saint. “*Campanilismo* [excessive village loyalty, parochialism] was expressed in the veneration of local” saints. Each of the *paese* (villages/towns) had churches or shrines dedicated to their advocate who spoke to God on their behalf. The devotion to the saints served as a focus for their “formal devotional practices”. The religious life of the *paese* “reached its climax with the celebration of the feast day of the patron saint”.

Outside of one’s family, the strongest emotional bond was the cult of the saint, especially once the Italian immigrants arrived in America. They would replicate the festa as done in their *paese* in Italy. In time, Italian national parishes, like Our Lady of Mt. Carmel, were established to meet the ever growing spiritual and social needs of the immigrants from southern Italy. When the Italians came to America, they suffered widespread discrimination, intimidation and violence. People from southern and eastern Europe were identified as undesirable elements. Unfortunately, as UNICO has pointed out, “powerful stereotype entering on poverty, clannishness, illiteracy and an alleged proclivity toward criminal underscored an emerging Italian American ethnic culture.” Within the “Little Italies” immigrants created New-World societies. A network of Italian language institutions, newspapers, theaters, churches, mutual aid societies, recreational clubs, debating societies, and organizations that helped encourage an emerging Italian-American ethnic culture.

These Italian immigrants established many mutual aid societies that were based on kinship and place of birth. They felt secure from the prejudice that surrounded them in the New World. They were established with the newly arrived immigrant in mind.

Interestingly, many of these societies were established around the name of the patron saint of their hometown in Italy. They made the saint the focus of their activities along with the express purpose of raising funds for charities back home in Italy.



Italian Immigrant Family at Ellis Island (1905).

You see our grandparents and great grandparents were so much like Christopher Columbus. They, too, were pioneers, chance takers, trailblazers who left home and land to come to America. They arrived in New York Harbor with little more than the clothes on their back and saw Lady Liberty in all her glory. They came not only with their dreams of a better way of life, but they brought a great treasure that they passed on to you and me! The treasure, I believe is comprised of six parts: our Italian heritage, our faith, family, friends, *feste* (feasts) and food.

1. Heritage: That which you inherit, something passed on from one generation to another, the legacy of customs, rituals, language and food from our ancestors.
2. Faith: Belief and trust in God, the teachings of our Catholic faith, the saints as pointers to Jesus Christ.
3. Family: *Sempre famiglia* - "Always Family", loyalty, respect to parents, grandparents, the importance of family celebrations, a sense of being close-knit.
4. Friends: Extensions of your family, real treasures. Treat them with respect. If you grew up in Newark, or in other Italian neighborhoods, it seemed like everyone was your *compare* or *comare* (godparent or someone united to the family through the sacraments), *cugino* or *cugina* (cousin).
5. *Le Feste*: (The plural of festa – feasts). Replicating a saint's feast day as celebrated by *paesani* (villagers) from your hometown in Italy. Processions, food, and homecoming when former residents return to the old neighborhood and renew old friendships and acquaintances – such as Columbus Day or the feast of St. Gerard or Our Lady of Mt. Carmel.
6. Food: An important component of Italian-American celebrations, Sunday family get-togethers with *Nonna e Nonno* (Grandma and Grandpa). Passion and love for food and everything about it. Friendship over a meal, gardens and fig trees along with homemade wine from *Nonno* or *Zio* (Uncle).

This great treasure of theirs has become our heritage and a lasting legacy, given to each of us, of the vital role they played in American history, culture, and folklore. It is our responsibility to pass on this heritage of taking "pride in life" and what we do. They have given us a living memory, a memory that is not stagnant but alive, truly alive! Monumental are the contributions they have made to America and the world. Remember to keep your Italian identity in your heart and make it always a part of what you do, but also be thoroughly American to the core.

This *panegirico* is truly a spiritual journey and a personal one for each of us, a journey of the mind, heart and soul. It is our faith and history put into action. What this anniversary celebrates is the unwavering faith and devotion of the faithful to their church. Today one hundred and twenty-five years later, we come together to recall and celebrate the dedication of Italian immigrants with a simple faith that was expressed in a demonstrative way. Now that you have taken hold of this great treasure, take one last look and around at the beauty of this great church. Walk outside the church doors, celebrate your treasure, pass it on to everyone you meet and prepare to walk again in your ancestor's footsteps on the once teeming streets of Orange's Little Italy and recall for a moment your parents and grandparents alive again with Our Lady of Mt. Carmel by your side.



On this special, holy, festive day that celebrates the solemnity of the 125th anniversary of the founding of this parish, a special acknowledgement goes to the Italian immigrants who settled in a faraway land and in this community. With the authentic faith of their ancestors and with their own sacrifice and spirit of initiative, they laid the first stone. Since then and through the years, this house of God has become a patrimony of worship for all peoples of faith, without distinction of nationality, language, or culture.

As we have seen, Our Lady of Mt. Carmel parish has been served by religious men, Capuchin Friars from when they arrived in 1926. The last of the Capuchin Friars was the beloved Fr. Achilles Cassieri who served two terms from 1982-1985 and 1990-2003. From 2003-2006 there was a series of short-term pastors and parish administrators - all diocesan priests. Then a group of parishioners prayed through the intercession of Mama Gili that a religious order would again return to Mt. Carmel. In 2006, the Archbishop of Newark asked the Community of St. John to serve the parish. There have been four pastors since 2006, including the current pastor Fr. Bernard-Mary. We pray that God continues to bless this Community of St. John with holy priests and brothers to carry on the original intentions of the founders of Our Lady of Mt. Carmel.



The existing church of Our Lady of Mt. Carmel, Orange, built in 1933.

As I conclude, I truly believe it is most fitting to hear from your founding pastor once again, we give the floor to Msgr. D'Aquila, one last time. In his letter of February 1898, he wrote:

*A priest must distinguish himself from other men in charity and patience, it is better for me to be silent and forgive, and I do forgive; and I wish everyone prosperity and infinite blessings.... Will you permit this church dedicated to the glorious Archangel St. Michael to fail? I don't think so, faith in the heart of the Italian does not die out for frivolous reasons; and therefore, you will commit yourselves, both morally and materially, to support and sustain this temple of the Lord. Your children ask this of you, your conscience and country also ask this of you.*

When all of you leave here today remember the words of Clement of Rome, a Bishop who said wisely, "Follow the saints, because those who follow them will become saints". Go now - walk in the footsteps of Msgr. D'Aquila, Fr. Rasi, Mother Cabrini, the *Maestre Pie Filippini* and the other holy, religious brothers and sisters who served here, and your saintly parishioner Addolorata Immacolata 'Mama' Gili, and Our Lady of Mt Carmel, Cresce 'a Sant'! Grow in holiness, grow up to be a saint! God Bless You, Tanti auguri per il vostro anniversario! Sia Lodato Gesù Cristo, Oggi e sempre! (Best wishes on your anniversary! Praised be Jesus Christ – Now and Forever!) Amen! And as Msgr. D'Aquila once wished his parishioners, "I wish you all prosperity and infinite blessings!"

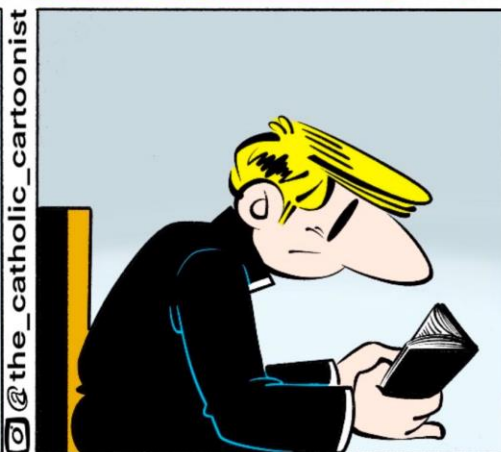


Our Lady of Mt. Carmel, Pray for Us!

Statue at Our Lady of Mt. Carmel Church, Orange, NJ.



# THE CATHOLIC CARTOONIST



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This cartoon was generously donated by our dear friend,  
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Please see his work (and follow) at the link below!

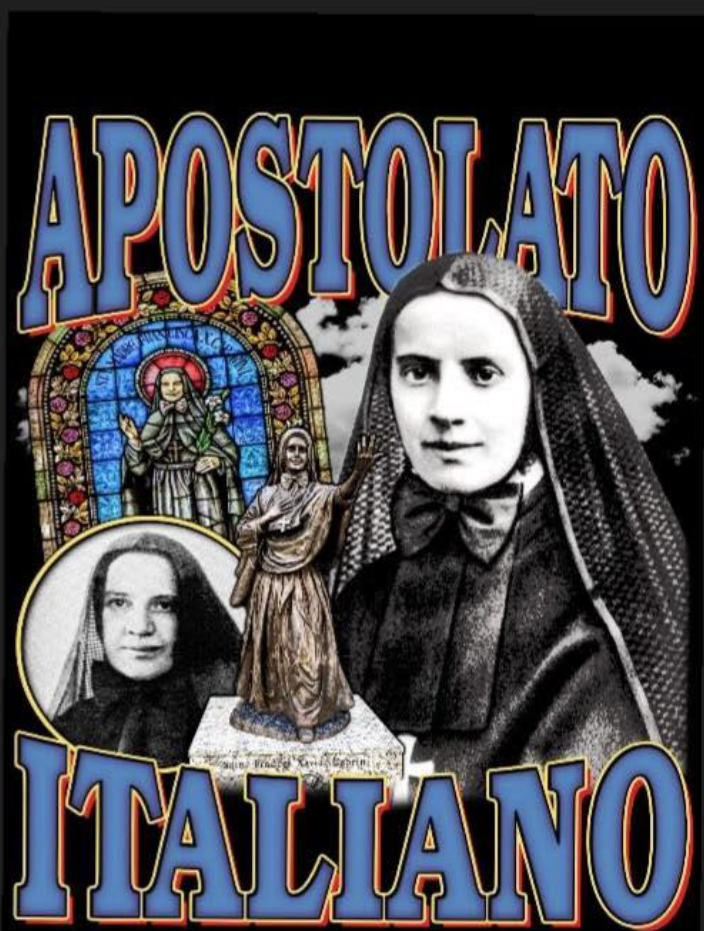


[the\\_catholic\\_cartoonist](https://www.instagram.com/the_catholic_cartoonist)

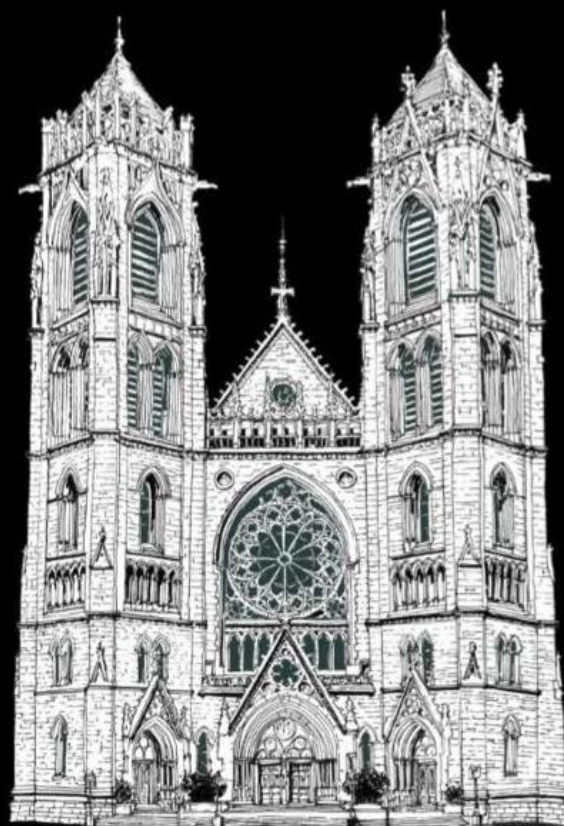
# **PRESALE**

# **APOSTOLATE T-SHIRTS**

**FRONT**



**BACK**



To support the apostolate and buy a shirt,  
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## RECIPE - RICETTA

### LEMON GRANITA - GRANITA AL LIMONE

*Recipe and Photos from Fatto in Casa da Benedetta (fattoincasadabenedetta.it)*

#### Ingredients/Ingredienti

- 300ml Lemon Juice/Succo di limone
- 1litro/liter Water/Acqua
- 300g Sugar/Zucchero
- Zest of one lemon/La scorza grattugiata di un limone

#### Preparation

A refreshing and thirst-quenching dessert, perfect for hot summer days and very easy to prepare without using an ice cream maker or special tools.

Using a strainer, juice 8-10 lemons until you have 300 ml of juice. In a bowl, mix the water and sugar, until the sugar is dissolved. Add the lemon juice into the bowl and stir. Finally, add the lemon zest and stir again.

Pour the mixture into an aluminum or stainless steel baking dish and put in the freezer. Scrape the mixture with a fork every 30 to 60 minutes until you have the desired consistency. This will take 4 to 5 hours in total.

#### Preparazione

Un dessert fresco e dissetante, perfetto per le calde giornate estive e facilissimo da preparare senza usare gelatiera o strumenti particolari.

Usando un colino, spremiamo il succo di 8 a 10 limoni fino a ottenere 300 ml di succo.

Prendiamo una ciotola e mettiamo dentro l'acqua e lo zucchero, mescolando con un cucchiaino. Aggiungiamo nella ciotola il succo di limone e mescoliamo. Uniamo infine la scorza di limone grattugiata e mescoliamo nuovamente.

Versiamo il composto in una teglia di alluminio (o in acciaio) e mettiamo tutto in freezer per 4-5 ore. Raschiamo con la forchetta ogni 30-60 minuti, fino ad avere la consistenza desiderata.





## LEARN A NEW DEVOTION

### THE BROWN SCAPULAR

On July 16, 1251, in Aylesford, England, Our Lady appeared to the Carmelite monk, St. Simon Stock. She offered him a brown scapular made of wool saying, "This shall be a privilege for you and all Carmelites, that whosoever dies in this garment shall not suffer eternal fire." Eventually, the Church extended this marvelous privilege to all her children who would ask to be invested in the Brown Scapular and wear it perpetually.

Our Lady promises that if you do wear her Scapular, she will take you under her special protection, and she will see to it that you do not lose your soul.

[CLICK HERE](#) to learn more about the Brown Scapular, on Our Lady's promises to those who wear it, and on the obligations of those who wish to benefit from her promises.



### LO SCAPOLARE MARRONE

Il 16 luglio 1251, ad Aylesford, in Inghilterra, la Madonna apparve al monaco carmelitano San Simone Stock. Gli offrì uno scapolare di lana marrone dicendogli: "Questo sarà un privilegio per te e per tutti i carmelitani, perché chiunque muoia con questa veste non soffrirà il fuoco eterno." Alla fine la Chiesa estese questo meraviglioso privilegio a tutti i suoi figli che chiedevano di essere investiti dello scapolare marrone e di indossarlo perennemente.

La Madonna promette che se indosserete il suo Scapolare vi prenderà sotto la sua speciale protezione e farà in modo che non perdiat la vostra anima.

[CLICCA QUI](#) per saperne di più sullo Scapolare marrone, sulle promesse della Madonna a coloro che lo indossano e sugli obblighi di coloro che desiderano beneficiare delle sue promesse.





I Sepolcri  
di Grano







Giovedì Santo





Venerdì Santo







The Passion of Christ  
at St. Nicholas of  
Palisades Park



Sabato Santo





Buona Pasqua!







Pasquetta at  
OLMC of  
Lyndhurst





EVENTS

'Paisan Con': First NJ Italian pop culture convention brings food, celebrities and more

2-minute read

Matt Fagan NorthJersey.com  
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Paisan Con  
at Fairfield







Federation of  
Italian American Societies  
of New Jersey at East Hanover

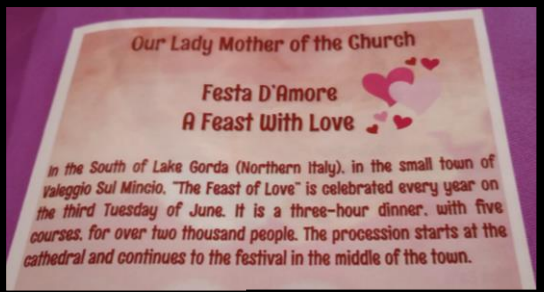




St. Gerard's Birthday  
at St. Lucy's in Newark







Festa D'Amore at  
Our Lady Mother of the Church  
in Woodcliff Lake







# Apostolate Outreach Chicago





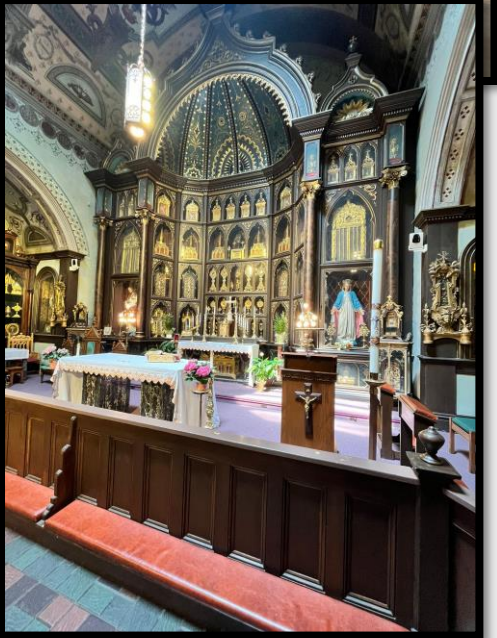


Maria Santissima  
Incoronata at OLMC in Orange

**MARIA SS.**  
**INCORONATA SAGRA**  
**ALBERONESE A ORANGE**  
29-30 APRILE, 1 MAGGIO



# Apostolate Outreach Pittsburgh



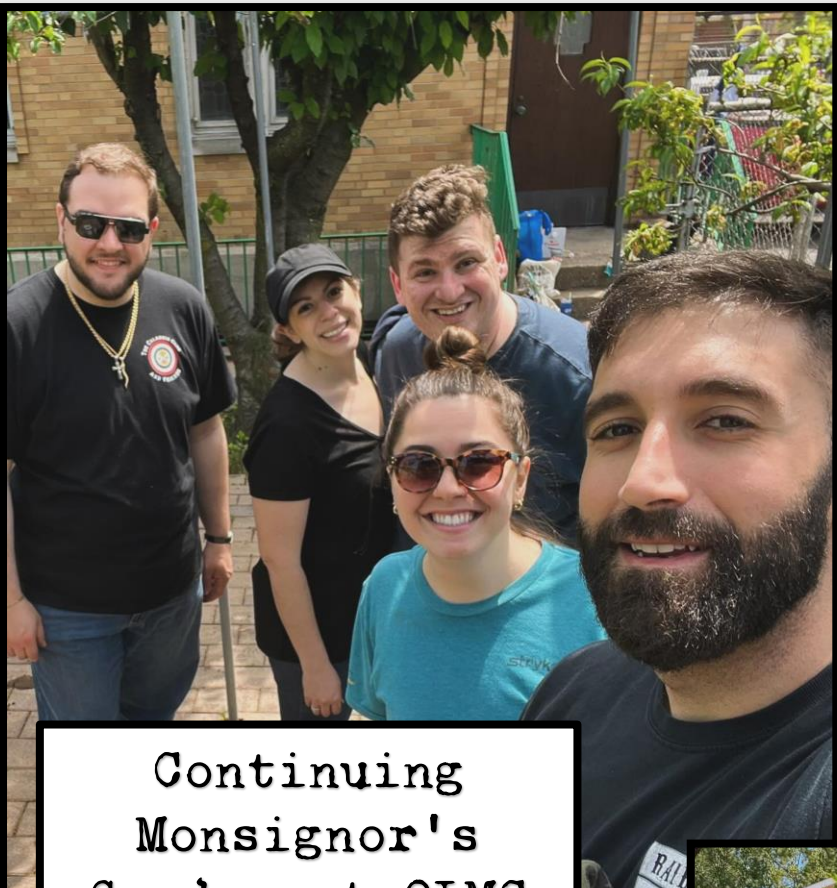




Sunday Sauce  
Contest for OLMC  
in Newark







Continuing  
Monsignor's  
Garden at OLMC  
in Newark







St. Vito  
at OLMC in  
Montclair







Our Lady of Sacro Monte at Holy Face Monastery in Clifton





Madonna della Fontana &  
Arcangelo San Michele at  
OLMC in Newark







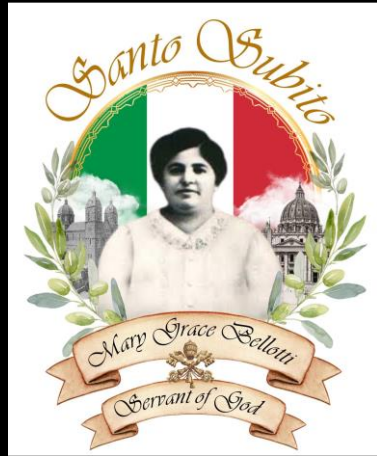
Apperitivo dell'Apostolato  
in New Milford





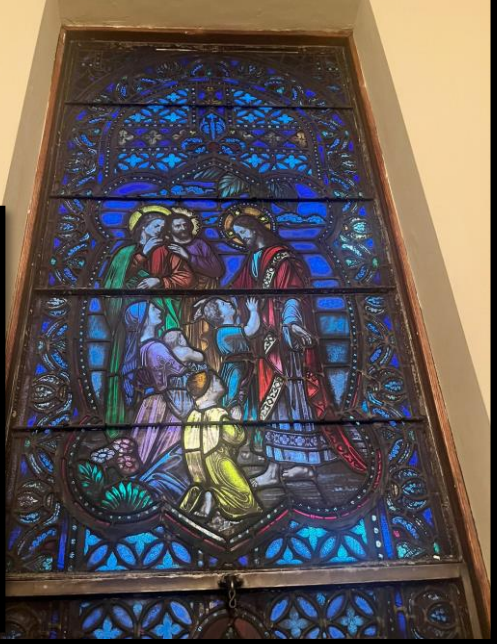


Mary Grace Bellotti  
Servant of God  
1882 + 1927



St. Michael Statue Restoration  
Dinner in Union City  
(for monument to  
Servant of God Mary Grace)





Apostolate Meeting  
at St. Anastasia  
in Teaneck





# San Donato at OLMC in Montclair





Summer Bocce  
at East  
Rutherford







St. Anthony of Padua at  
St. Francis in Hoboken  
(1<sup>st</sup> time in 20 years)







St. Anthony of Padua  
at OLMV in Garfield



St. Anthony of Padua and St. Vito  
at St. Anthony's in Elizabeth







**St. Anthony of Padua Church**  
Formed in 1866, it is the oldest Catholic congregation in the United States established to serve Italian immigrants. This structure, dedicated in 1888, was the first house of worship constructed by Italians in our nation. Since its founding, St. Anthony's has been staffed by the Franciscan Friars, founded by St. Francis of Assisi in 1209. The Franciscans were the first missionaries to come to America, journeying with Christopher Columbus on his second voyage in 1493.



St. Anthony of Padua at St. Anthony's in Manhattan





St. Joseph the Worker  
New Statue at  
St. Joseph's in Lodi





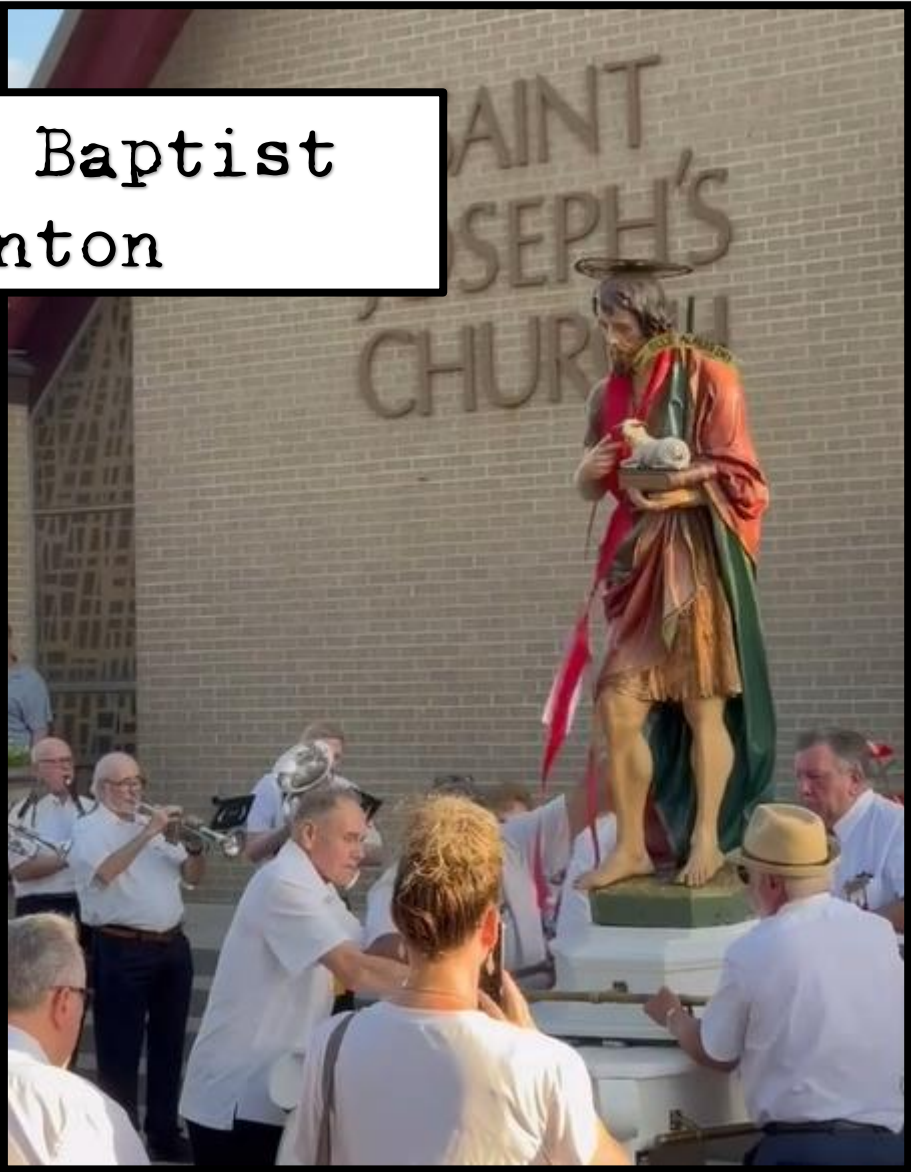


Padre Pio Pilgrimage  
to Barto, PA





St. John the Baptist  
in Hammonton







St. Vito at Holy Face Monastery in Clifton





Apperitivo dell'Apostolato  
at Hoboken







Sant'Andrea Festa in New Haven, Connecticut

**HISTORY OF ST. ANDREW APOSTLE SOCIETY**

Amalfi, at the time of large scale emigration at the end of the nineteenth century and the beginning of the twentieth, was - and still is, at the beginning of the twenty-first century - a small southern Italian sea-town on the coast which bears its name, close to the city of Salerno which is the capital of the province containing it.

Although it offers scenes of breath-taking beauty in sea and landscapes, it gives little indication of its past greatness. Treading its quiet streets or its lemon groves, no visitor would imagine that this was the site of one of the greatest medieval maritime republics, holding sway over it's Mediterranean for centuries, while enjoying great wealth and economic power. Its famous Tables of maritime law were accepted universally in the West and used up until the eighteenth century.

After a series of defeats by its maritime rivals and the ravages of invading armies, Amalfi became a part of the Kingdom of the Two Sicilies and finally, after Garibaldi's invasion of 1861, a part of the new Kingdom of Italy. By this time it was merely a small town, noted for its paper manufacture, its crafts and its fishing. Even this modest but stable economy was shattered, however, by its incorporation into the new Italy which tended to treat the inhabitants of the south as a poor conquered nation, rather than as co-equal citizens of the newly-formed country. Thus it was that countless thousands of them began the hopeful journey to America. Among these were the Amalfitani of New Haven.

In 1900 a nucleus of Amalfitani residents of New Haven, in an effort to preserve the intense affection that everyone has for the country, town or city in which he is born and raised, decided to form a Society so that the male natives of Amalfi could conveniently gather together to relive the experience of the home town and, in addition, sponsor a mutual assistance program to cover the misfortunes of illness and death. The Society was given the name of the patron Saint of Amalfi - Saint Andrew







luglio 2024

# Preghiamo



NEWS SOURCE FOR THE ITALIAN APOSTOLATE OF THE ARCHDIOCESE OF NEWARK

## WEBSITE

[rcan.org/italian-apostolate](http://rcan.org/italian-apostolate)



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