



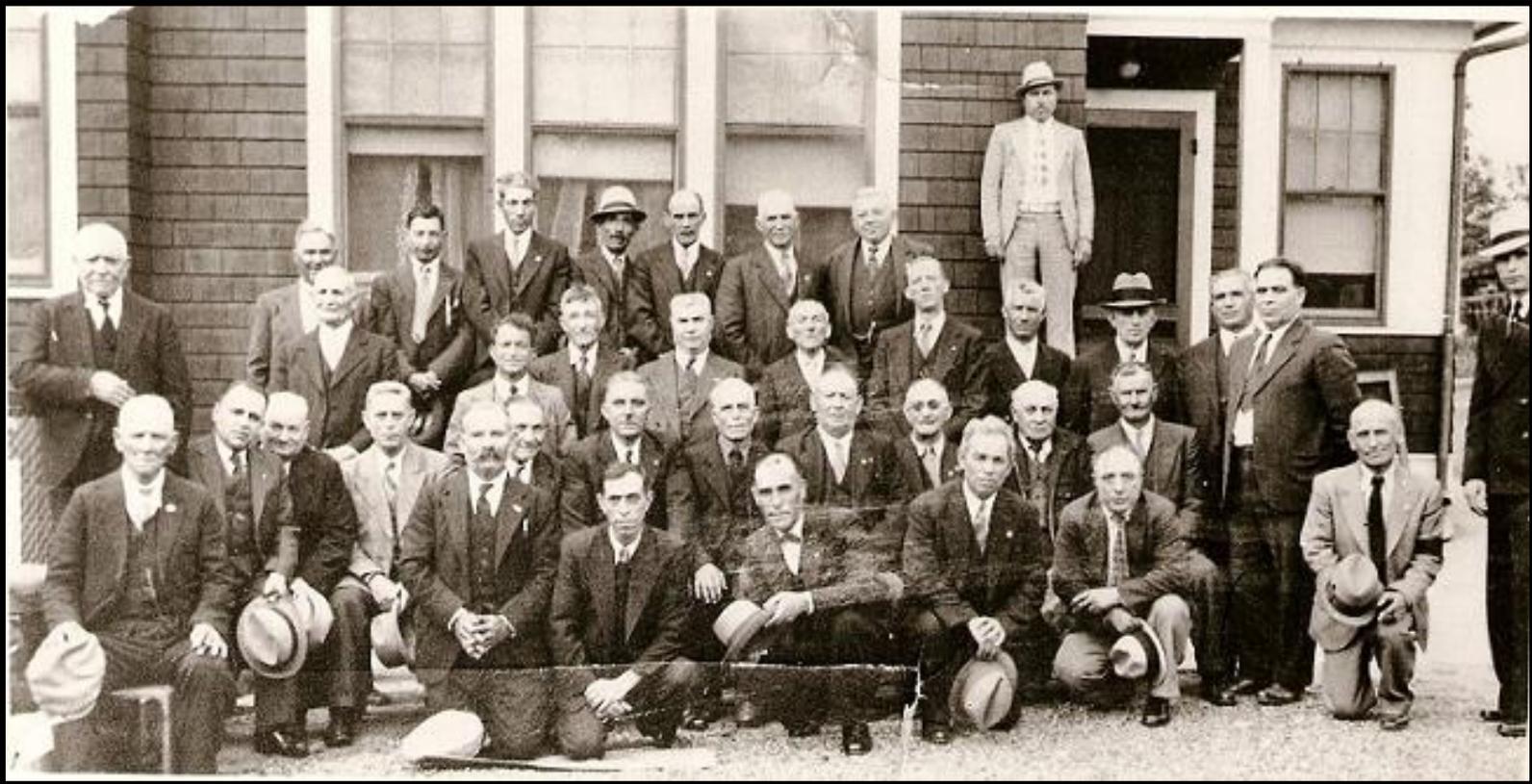
# Preghiamo

NEWS SOURCE FOR THE ITALIAN APOSTOLATE OF THE ARCHDIOCESE OF NEWARK

## SOCIETY SPOTLIGHT

### *The Saint Joseph Society of Lodi, New Jersey*

The Saint Joseph Society was officially incorporated on December 7, 1915 by Italian immigrants from various towns in Sicily. These men were devoted to Saint Joseph. Their mission was to have a place of worship in honor of their patron saint to be located in Lodi, NJ.



The founding fathers worked together to build the first Saint Joseph Church in 1917. Each member took out a personal loan to help contribute financially to make their dream a reality. Another amazing act of dedication was that the members themselves performed the actual labor and construction work to erect the church. As Saint Joseph was a carpenter during his life on earth, those men played the role of Saint Joseph in constructing their house of worship.

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## ***The Saint Joseph Society of Lodi, New Jersey (continued)***

The society sought to honor their patron saint in several special ways. Importing a tradition from Sicily, the society began to distribute the "pane di San Giuseppe" (Saint Joseph's bread) each year at the time of his feast day, March 19th. To this day, the society distributes the blessed bread to all parishioners at every mass on the weekend closest to March 19th.

Another longstanding tradition observed in Sicily to celebrate the feast day of Saint Joseph is "La Tavolata di San Giuseppe" (the Saint Joseph "sharing table"). This tradition was established and carried on by the society for many years. For a while, the parish itself sponsored the event. In 2008, the society once again took over the role of organizing the "tavolata" and looks forward to doing so for many years to come.



These were great traditions brought here to America from the old country. However, the members continually sought to do more. They wanted to honor the great Saint Joseph with a procession and outdoor feast. Since it can still be quite cold in March, the society looked to September, when the weather is warmer, and during which the country celebrates Labor Day. This holiday, which provides a day of rest for all laborers, seemed to be the perfect time to commemorate Saint Joseph, the "Patron Saint of Workers". And so, the idea was born to host a feast throughout Labor Day weekend including rides, games, Italian food specialties, and nightly entertainment. The highlight of the feast would be the procession to take place in the afternoon on Labor Day followed by a benediction. Over a century later, this is still the case. Although the town of Lodi has changed over the years, and is now home to many different ethnic groups, the annual feast is still a great success and a well-known event in Northern New Jersey.

## ***The Saint Joseph Society of Lodi, New Jersey (continued)***

Each year in the early months of Spring, the members of the society would go from house to house in Lodi to spread the word about the upcoming Saint Joseph Feast, asking for donations and inviting the community to attend the feast in September. This tradition lasted until the 1980's. During the feast itself, on Saturday, Sunday, and Monday mornings, the society members would again take to the streets of Lodi and surrounding towns such as Garfield and Hasbrouck Heights. Forming three separate groups, they would spread out and march through the streets, accompanied by traditional Italian feast bands. Each group would carry a "stendardo" (banner) of Saint Joseph upon which the faithful would pin their money offerings in honor of the saint. The doorbell at every house would be rung and the band would play favorite songs such as "Mamma", "Oh Marie", and "Santa Lucia".

From the 1940's through the 1960's, the Saint Joseph Society had close to 100 members. However, as time passed on, so did many of the members pass on to their reward in heaven. During the early years, all society meetings were conducted in the Italian language. This held true until the 1970's at which point English began to be used. Since membership had decreased, it became difficult for the society to oversee all aspects of the feast without help. The parish became responsible for organizing the rides, games, and food. The society continued to provide the nightly entertainment, as well as carrying on the traditional collections throughout the weekend and coordinating the beautiful procession, still the highlight of the feast!

Today, the society consists of over 30 members. Monthly meetings are conducted in both English and Italian to accommodate all members. Looking to the future, the society prays that, through the intercession of Saint Joseph, it will grow in strength and numbers so that it may continue its important work of faith and devotion. For more information about the society, visit [www.saintjosephsociety.org](http://www.saintjosephsociety.org). Saint Joseph, Pray For Us!



*The Saint Joseph Society of Lodi, New Jersey (continued)*

**Upcoming Events at  
St. Joseph's Catholic Church  
40 Spring Street; Lodi, NJ**

Date(s)	Event
March 16, 2024	La Tavolata di San Giuseppe
March 19, 2024	St. Joseph Mass
Labor Day Weekend (Friday to Monday)	St. Joseph Feast and Mass



**Follow the Society**

-  [st\\_joseph\\_society\\_loodi\\_nj](https://www.instagram.com/saint_joseph_society_loodi_nj)
-  [St Joseph Society Lodi NJ](https://www.facebook.com/StJosephSocietyLodiNJ)

**Join the Society**

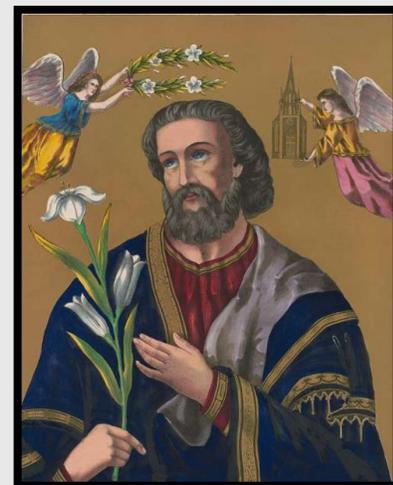
Go to St. Joseph! Interested members can fill out an application at the website.  
[www.saintjosephsociety.org](http://www.saintjosephsociety.org)

## LEARN A NEW PRAYER

In her autobiography, the great St. Teresa of Avila recounts:

*I took for my advocate the glorious Saint Joseph and commended myself earnestly to him. He gave me greater blessings than I could ask of him. I do not remember even now that I have ever asked anything of him which he has failed to grant. I am astonished at the great favors which God has bestowed on me through this blessed saint, and at the perils from which He has freed me, both in body and in soul.*

Let us follow the example of St. Teresa and, with faith, go to St. Joseph!



### **ANCIENT PRAYER TO SAINT JOSEPH**

*Feast Day: March 19*

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God. I place in thee all my interests and desires. O St. Joseph, do assist me by thy powerful intercession, and obtain for me from Thy Divine Son all spiritual blessings through Jesus Christ, our Lord, so that having engaged here below thy heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.

O St. Joseph, I never weary of contemplating thee and Jesus asleep in thine arms; I dare not approach while He reposes near thy heart. Press Him in my name and kiss His fine Head for me and ask Him to return the Kiss when I draw my dying breath. Saint Joseph, Patron of Departing Souls, Pray For Me! Amen.

### **ANTICA PREGHIERA A SAN GIUSEPPE**

*Ricorrenza: 19 marzo*

O San Giuseppe, la cui protezione è così grande, così forte, così sollecita davanti al trono di Dio, ti affido tutti i miei interessi e i miei desideri. O San Giuseppe, assistimi con la tua potente intercessione, e ottieni per me dal tuo Figlio divino tutte le benedizioni spirituali attraverso Gesù Cristo, nostro Signore, di modo che essendomi affidato al tuo potere celeste possa offrire il mio ringraziamento e il mio omaggio al più amorevole dei padri. O San Giuseppe, non mi stanco mai di contemplare te e Gesù addormentato tra le tue braccia; non oso avvicinarmi mentre Egli riposa accanto al tuo cuore. Stringilo in nome mio e bacia il Suo capo per me, e chiedigli di restituire il bacio quando sarò sul letto di morte. San Giuseppe, patrono delle anime che stanno per morire, prega per me! Amen.



September 2023  
Monthly Meeting





October 2023  
Italian Mass +  
Newark Flag Raise



October 2023  
Padre Pio  
Hackensack

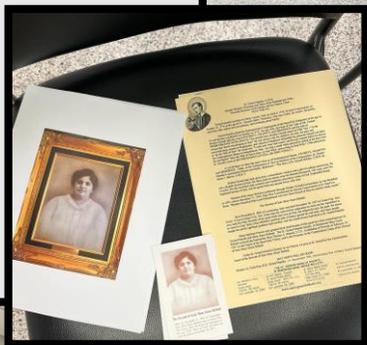


October 2023  
Bishop of Teggiano-Policastro  
(Salerno) His Excellency the Most  
Reverend Antonio DeLuca, C.S.S.R.



October 2023  
New York City  
Columbus Day





October 2023  
Life of Mary Grace Bellotti  
Union City



**2023 EUCHARISTIC ROSARY CONGRESS  
TO JESUS THROUGH MARY**

**SATURDAY, OCTOBER 7  
THROUGH  
FRIDAY, OCTOBER 13**

**Masses, Perpetual Eucharistic Adoration,  
Hourly Recitation of the Rosary,  
Confession, Processions**

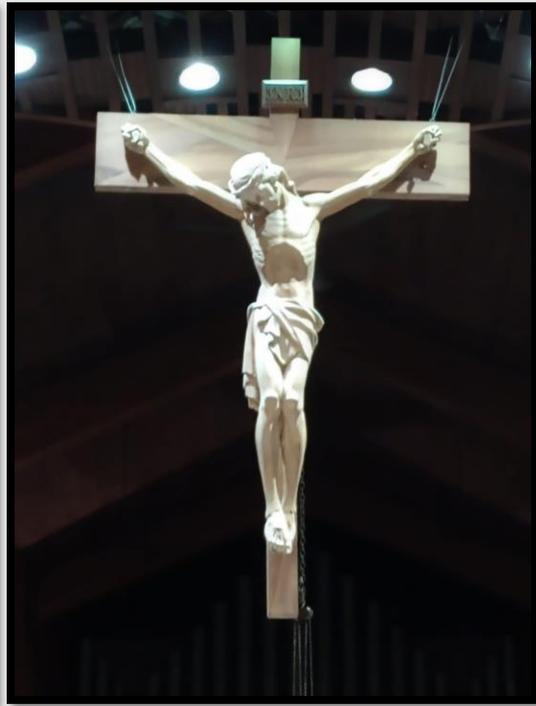
The Rosary Congress will take place in various churches throughout the Archdiocese of Newark. Join others in prayer throughout the week for reparation, life, peace, healing, renewal, families, our country and our Church.

**SIGN UP YOUR PARISH TODAY!**

If you have any questions, please call us today at 973-497-4137 or email: [evangelization@rcan.org](mailto:evangelization@rcan.org) we are prepared to support your parish.

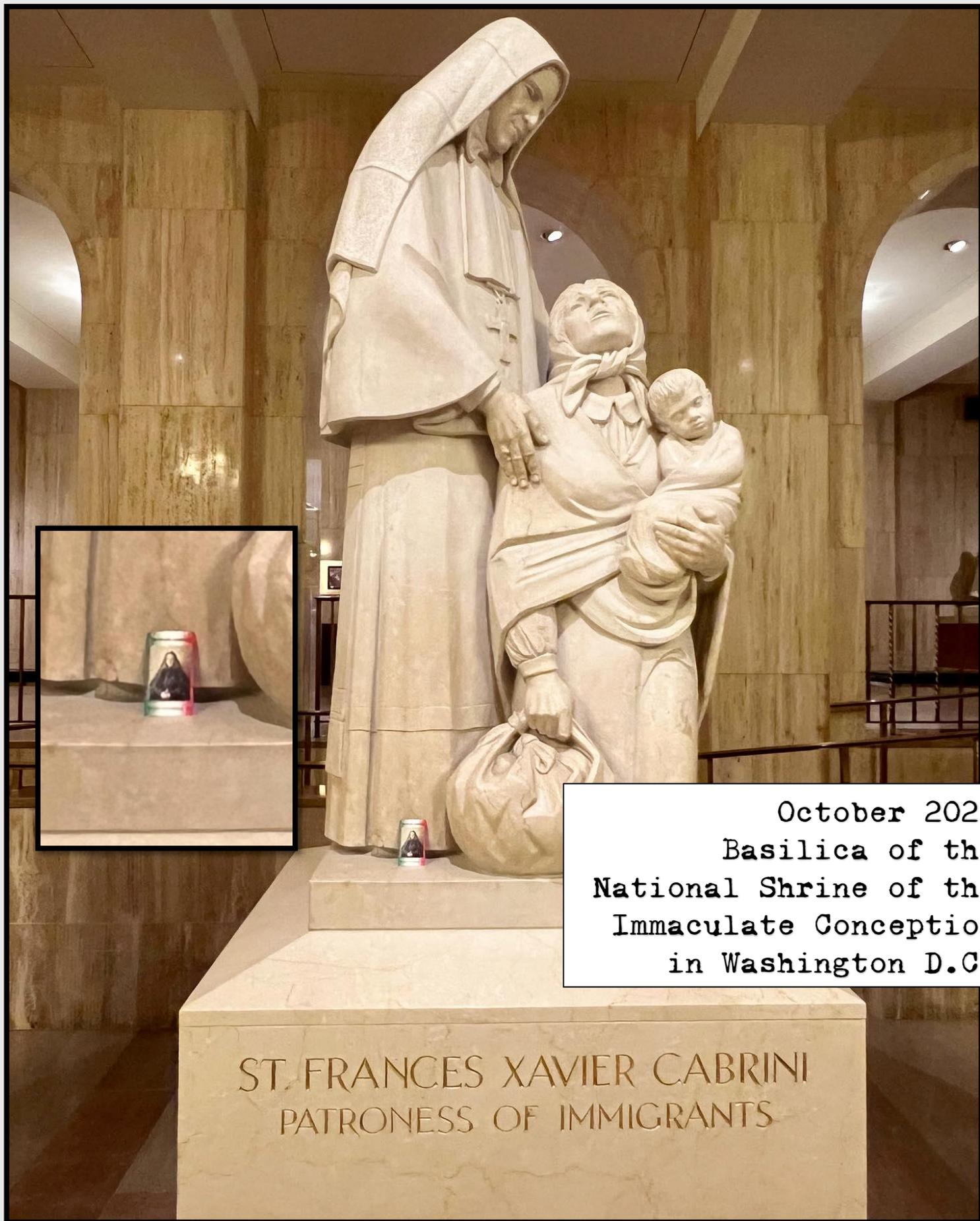
Learn more at: [www.rcan.org/rosarycongress](http://www.rcan.org/rosarycongress)

Sponsored by the Archdiocese of Newark Office for Evangelization



**October 2023  
Eucharistic Rosary Congress**



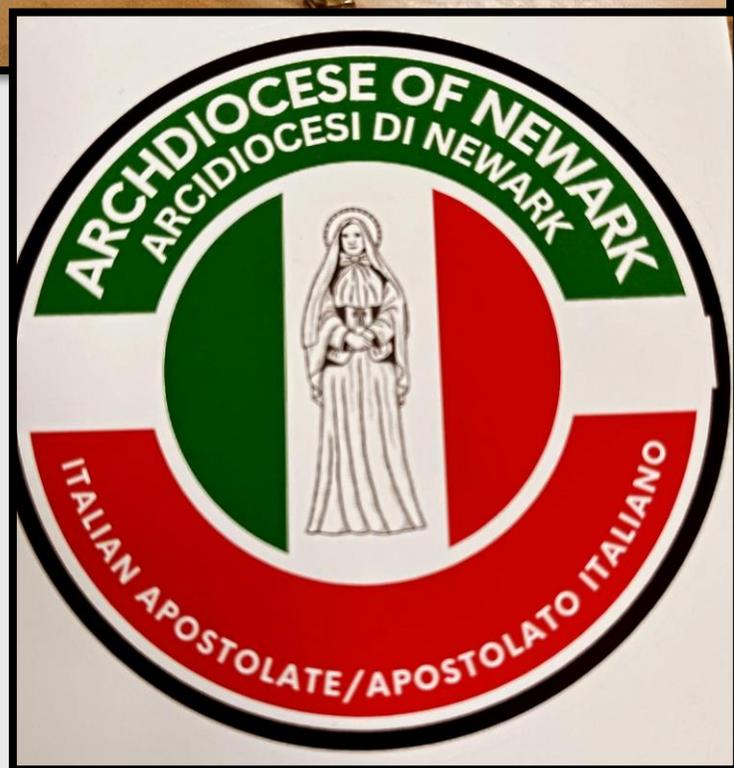


October 2023  
Basilica of the  
National Shrine of the  
Immaculate Conception  
in Washington D.C.

ST. FRANCES XAVIER CABRINI  
PATRONESS OF IMMIGRANTS



October 2023  
Monthly Meeting





October 2023  
Italian Welfare League



# ITALIAN WELFARE LEAGUE

EST. 1920

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I Nostri Bambini

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Each year, the Italian Welfare League chooses several local families, programs and schools to receive grants towards medical, educational, home safety or other needs to help them cope with trauma and disabilities.

Here are the faces of just a few of the children we have helped throughout the years:




October 2023  
All Hallows' Eve



October 2023  
St. Gerard  
Newark



November 2023  
All Saints Trivia Night



7PM ALL SAINTS MASS AT OUR LADY OF MOUNT VIRGIN CHURCH

ELMWOOD PARK UNICO  
&  
THE ITALIAN APOSTOLATE OF THE  
ARCHDIOCESE OF NEWARK PRESENTS:

# ALL SAINTS DAY TRIVIA NIGHT

Test Your Knowledge  
& Win Prizes!

8PM  
Wednesday  
**Nov. 1st**

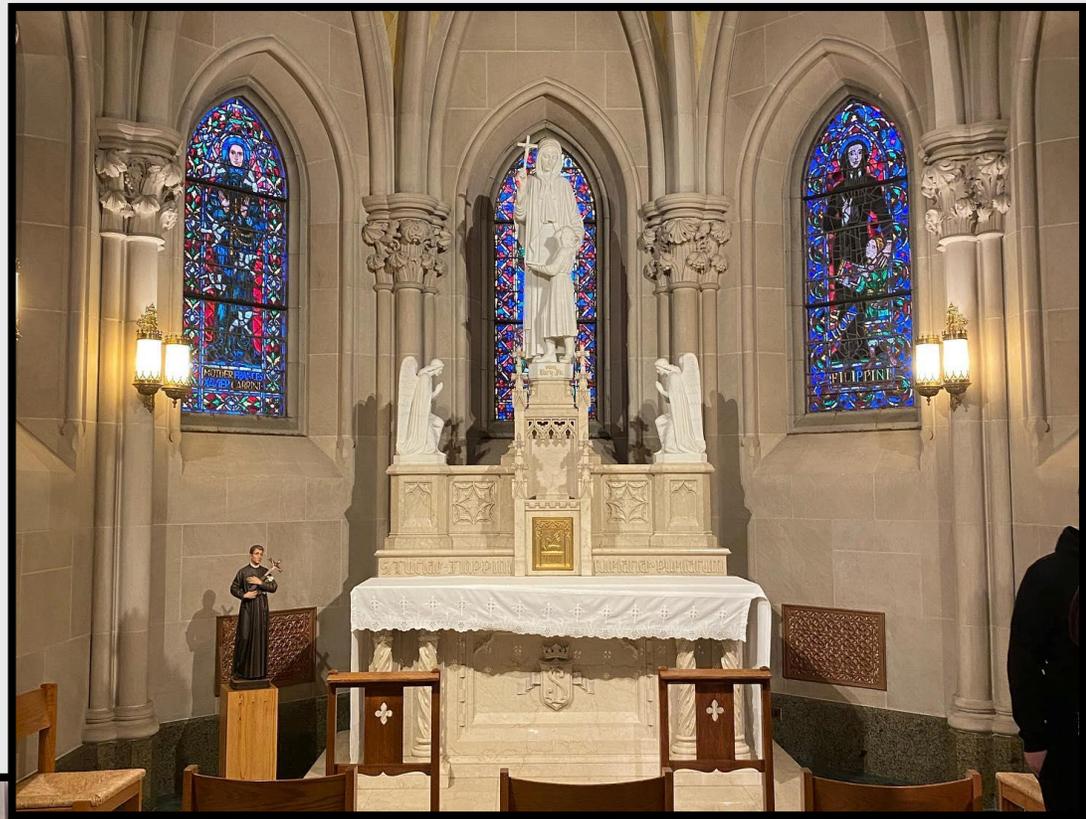
at Charlie Blood's  
147 Frederick Street,  
Garfield, NJ 07026

**\$5**  
Entry  
Per  
Contestant

UNICO REGIONAL

All Proceeds go to Elmwood Park UNICO's charitable efforts

November 2023  
Servant of God  
Mary Grace  
Bellotti Mass





November 2023  
Mother Cabrini  
Wreath Laying  
Ceremony in  
Newark

November 2023

Festa di Santa Francesca Cabrini



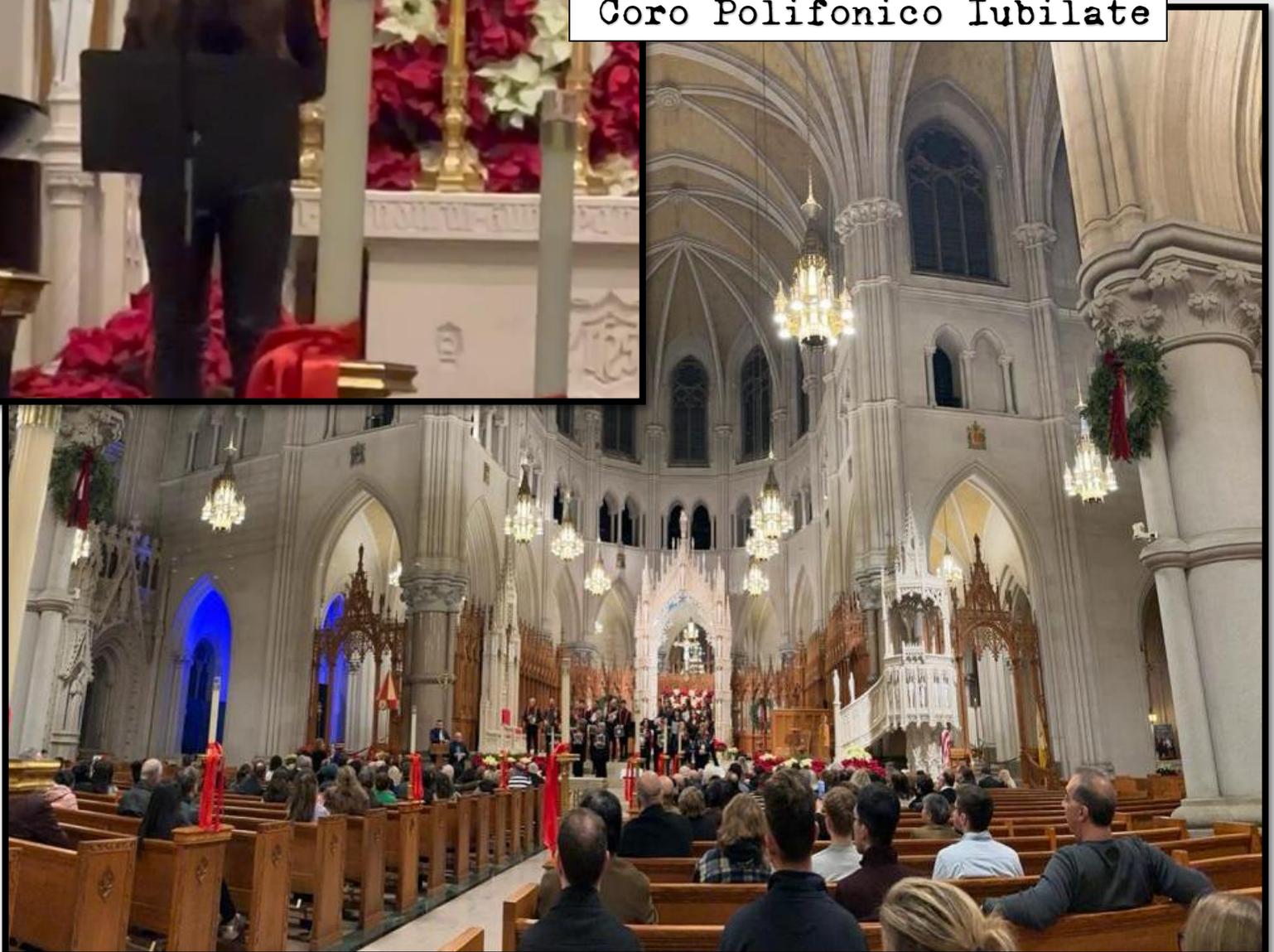


December 2023  
Royal House of Savoy





December 2023  
Coro Polifonico Iubilate



# UNA RICETTA SICILIANA PER LA TAVOLA DI SAN GIUSEPPE

## U Maccu i San Giuseppe

*A thick, creamy, fava bean soup, flavored with fennel and mint, and served in honor of St. Joseph.*

### Ingredients

- 1 kg of already shelled fava beans (about 2.2 lbs)
- 3 spring onions (scallions)
- 1 tuft of wild fennel fronds (you can substitute with fennel seeds)
- 8-10 mint leaves
- Freshly ground black pepper
- Extra Virgin Olive Oil - a few tablespoons
- Salt to taste
- 400 g spaghetti broken in pieces (about 14 ounces)
- Ricotta Salata (to grate)

### Directions

1. Take the wild fennel fronds, wash and dry them and put them in a pot with about 2 liters (about 8.5 cups) of water and boil until cooked.
2. Drain and chop finely. Do not discard the water, instead filter it and set it aside.
3. Remove the skin from the fava beans (this is perhaps the most tedious job).
4. Clean and finely chop the spring onions.
5. In a saucepan, brown the spring onions in the EVOO over medium heat. As soon as the onion is golden brown, add the fava beans, salt and stir.
6. Brown for a few minutes and add two cups of fennel water (this should cover the fava beans) and continue cooking over low heat, adding the chopped fennel.
7. As soon as the fava beans are cooked and a puree has been created (as coarse or as creamy as you like), puree them with a blender and make them into a cream.
8. Put the fava bean puree back in the sauce pan on the fire and add one half of the remaining fennel water.
9. As soon as it starts to boil, pour in the broken spaghetti and be sure to stir constantly.
10. If necessary, during cooking add more of the fennel water until the spaghetti is cooked.
11. At the end, add a good grinding of black pepper, the mint leaves and a good grating of ricotta salata (as is found in Catania, Sicily) and serve. This preparation is even better cold! With the remaining maccu you can also make "fried maccu"-a treat for the palate.



## PROSSIMI EVENTI

Date(s)	Event	Location
January 29	<i>Apostolato Italiano meeting</i>	Our Lady Mount Carmel; 146 Copeland Ave; Lyndhurst, NJ 07071
February 26	<i>Apostolato Italiano meeting</i>	St. Anthony Society; 148 Harrison Ave; Garfield, NJ 07026
March 16	La Tavolata di San Giuseppe	St. Joseph's; 40 Spring Street; Lodi, NJ 07644
March 19	Solemn Mass for St. Joseph	St. Joseph's; 40 Spring Street; Lodi, NJ 07644
March 25	<i>Apostolato Italiano meeting</i>	Our Lady Mount Carmel; 259 Oliver St; Newark, NJ 07105





gennaio 2024

# Preghiamo



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